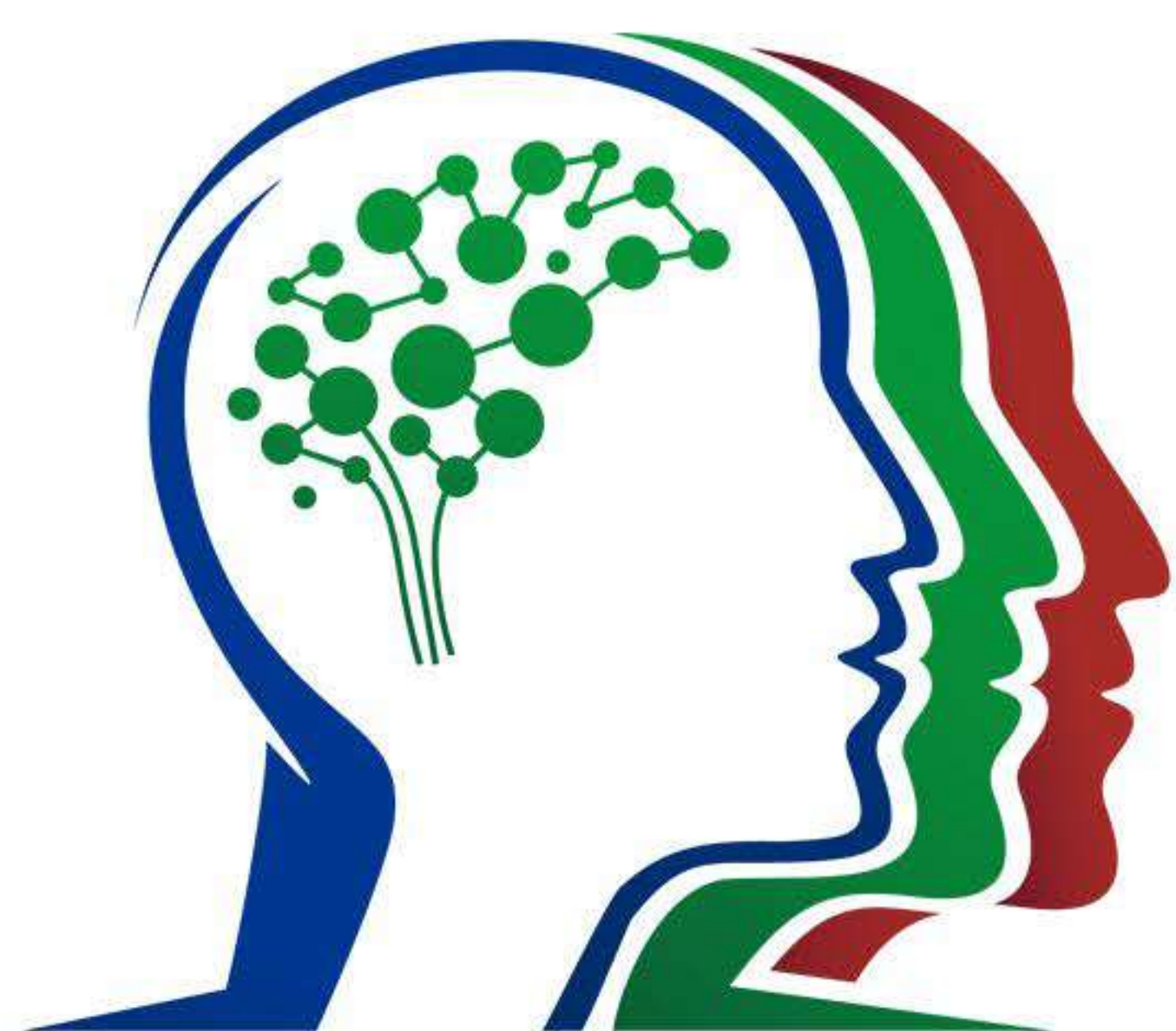




27th EMIRATES SOCIETY

Mental Health International Congress

30th September – 1st October 2023

Cognitive, Behavior & Emotional

Sofitel Downtown. Dubai, UAE

POST CONGRESS REPORT

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THANK YOU MESSAGE

Dear Esteemed Participants,

I hope this message finds you well. On behalf of the entire organizing committee, I extend my sincere gratitude to each and every one of you for your invaluable presence at the Emirates Society of Mental Health International Congress.

Your active participation and enthusiastic engagement played a pivotal role in making this conference a resounding success. The diverse perspectives, insightful discussions, and collaborative spirit that permeated the event truly enriched the overall experience for everyone involved.

Our goal was to create a platform for the exchange of ideas, fostering meaningful connections, and advancing knowledge in our field, and your contributions made this vision a reality. The depth of expertise and passion exhibited by our participants has undoubtedly elevated the quality of discourse, leaving a lasting impact on all attendees.

As we reflect on the success of the Emirates Society of Mental Health International Congress, we are inspired by the positive energy and collaborative spirit that characterized the event. It is our hope that the connections made and knowledge shared will continue to bear fruit long after the conference has concluded.

Once again, thank you for your presence and active involvement. We are immensely grateful for your support, and we look forward to the possibility of future collaborations.

Wishing you continued success in your endeavors.

Thank you,



DR. SAMIA ALKHOORI

Chair and Congress President

Consultant Psychiatrist

Head, Psychiatry Department - Rashid Hospital

Director, Psychiatry Residency Training Program

President, Emirates Society of Mental Health

President, Arab Federation of Psychiatrists

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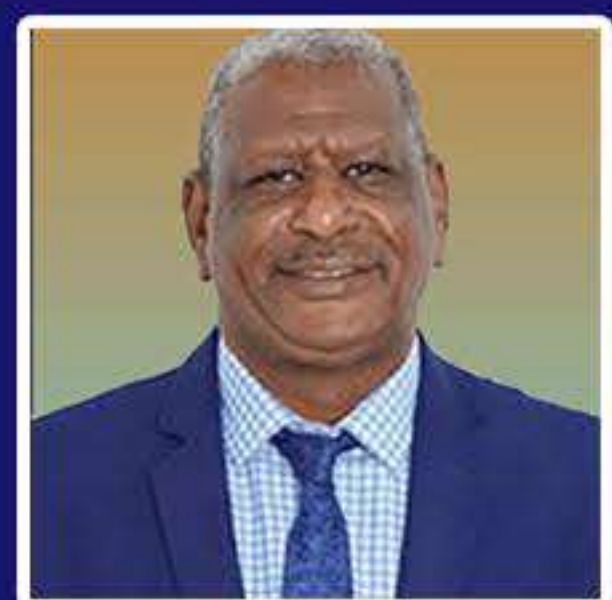
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MEET THE SPEAKERS



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Dr. Ahmed Ali



Prof. Allan
Young



Dr. Baraa Dhuhair



Prof. Charlotte
Kamal



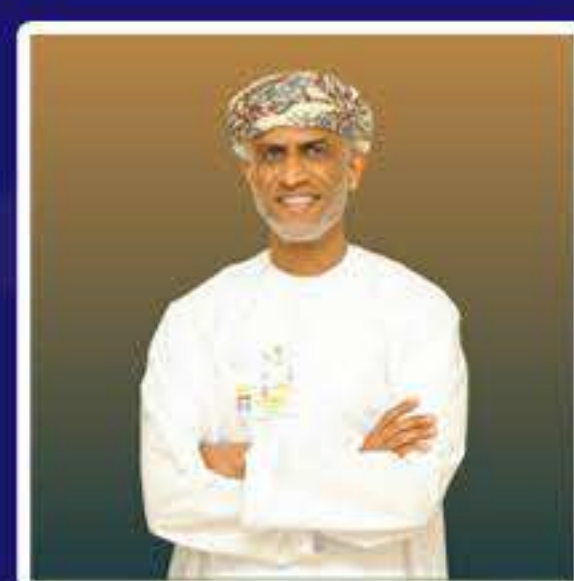
Dr. Fares Salamah



Dr. Fatima Sayed



Prof. Gustavo
Alva



Dr. Hamed AlSenawi



Dr. Hawraa
Sajwani



Dr. Hind AlAli



Dr. Hassa
AlMuttawa



Prof. Hisham
Ramy



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Moselhy



Dr. Iman Hassan



Dr. Maha AlAli



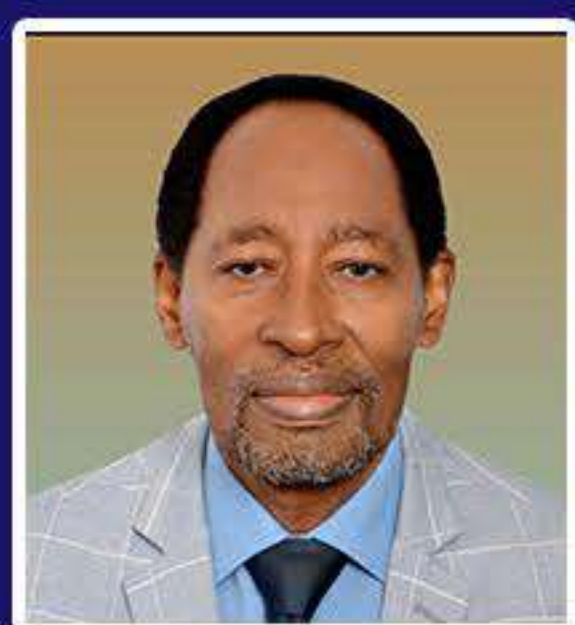
Dr. Mohamed Youssef
Aly Abozaid



Ms. Maitha
Albufalasa



Dr. Madonna Yanni



Dr. Mohamed
Al Amin



Dr. Omar Alkhatib



Dr. Omar AlGommer



Dr. Ruchita Shah



Dr. Randa Akram



Dr. Samia Al Khoori



Dr. Shazya Rashid



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Dr. Azhar Abu Ali



Dr. Bassam Dheyaa



Dr. Eman Al Amari



Dr. Hind AlRustamani



Dr. Khawla AlMeer



Dr. Leena Amiri



Dr. Maitha AlKhendi



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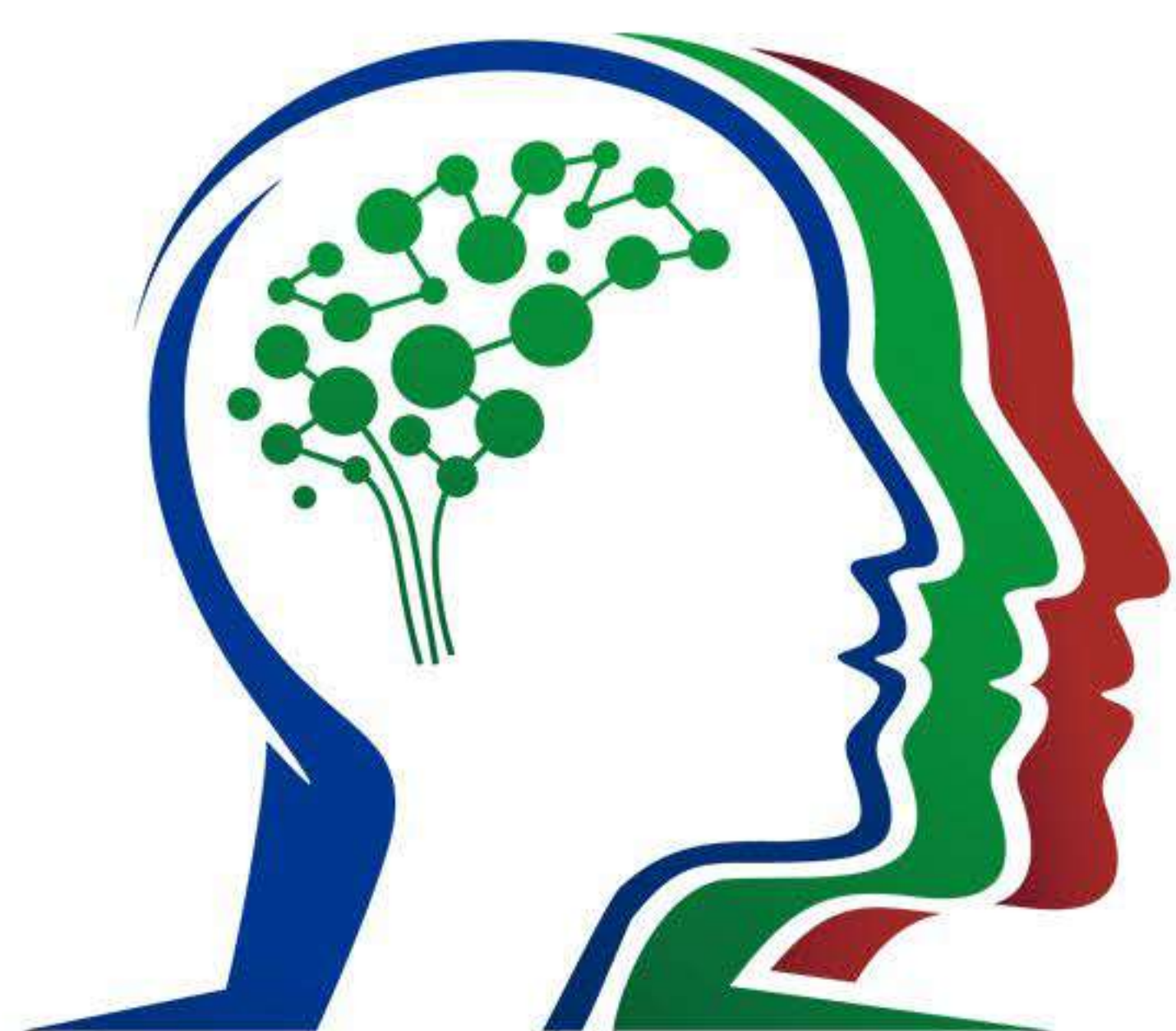


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Friday 29 September 2023

Session 1	Satellite Symposium Hosted by Lundbeck	
	Chairperson: Dr. Samia AlKhoori (UAE)	
	SPEAKER	TOPIC
08:00 – 08:45	Prof. Allan Young (UK)	Initiating and Optimizing Treatment for Patients with MDD
08:45 – 09:00	Discussion	
09:00 – 09:45	Prof. Gustavo Alva (USA)	What Series of Small Steps Can Promote and Maintain Functional Recovery in Patients with Schizophrenia & Bipolar Disorder?
09:45 – 10:00	Discussion	

Saturday 30th of September 2023

OPENING CEREMONY

	SPEAKER	TOPIC
08:55 - 09:05	Ms. Hessa AlMutawa (UAE)	Moderators
	Ms. Maitha AlBufalasa (UAE)	
08:45 – 09:00	Dr. Samia AlKhoori (UAE)	Welcome, Objectives & Introduction
	Congress President, President, Emirates Society of Mental Health (ESMH) - UA	
09:15 - 09:25	Chief Guest (UAE)	Opening Speech
09:25 – 09:30	Dr. Samia AlKhoori (UAE)	ESMH Excellence Star Award
09:30 – 09:35	Dr. Samia AlKhoori (UAE)	Appreciation & Awarding

Session 2

Plenary Session

Chairperson: Dr. Samia AlKhoori (UAE)

	SPEAKER	TOPIC
09:35 – 10:05	Prof. Hisham Rami (Egypt)	Emerging Trends in Depression Management: the Untold Story
10:05 - 10:35	Dr. Charlotte Kamel (Bahrain)	Factitious Disorders and Negative Effects on Health Care Services
10:35 - 10:40	Discussion	

Session 3 Special Symposium: Cognition and Schizophrenia Chairperson: Dr. Khawla AlMeer (UAE)		
	SPEAKER	TOPIC
10:40 - 11:10	Dr. Zarak AlSalihy (Qatar)	Cognitive Impairment in Schizophrenia
11:10 - 11:40	Dr. Iman Hassan (UAE)	Cognitive Rehabilitation in Schizophrenia
11:40 - 11:50	Discussion	

Session 4 Satellite Symposium Hosted by Lundbeck		
	SPEAKER	TOPIC
11:50 - 12:20	Prof. Allan Young (UK)	Addressing Challenges in the Clinical Management of MDD
12:20 - 12:30	Discussion	

Prayer & Break – Poster Presentation

12:30 – 1:20

Session 5 Special Symposium: Cognitive Development Chairperson: Dr. Azhar Abu Ali (UAE)		
	SPEAKER	TOPIC
01:20 - 01:50	Dr. Ruchita Shah (UAE)	Child Mental Health and Cognitive Development
01:50 - 02:20	Dr. Fatima Sayed (UAE)	How Do Artificial Intelligence Affect Child's Behaviour and Interaction?
02:20 - 02:30	Discussion	

Session 6 Learning Session: Neurocognitive Disorder Chairperson: Dr. Mona ElQedrah (UAE)		
	SPEAKER	TOPIC
02:30 - 03:00	Dr. Hamed AlSenawi (Oman)	Neurocognitive Disorder in the Early Stage
03:00 - 03:10	Discussion	

Session 7**Clinical Experience Session**
Chairperson: Dr. Samia Alkhoori (UAE)

	SPEAKER	TOPIC
03:10 - 03:40	Prof. Wieslaw Cubala (Poland)	Clinical Experience in Managing of Treatment Resistant Major Depressive Disorder with Esketamine
03:40 - 03:50		Discussion

Session 8**Young Psychiatrist Session: Decision Making and Emotional Regulation**
Chairperson: Dr. Meera Galadari (UAE)

	SPEAKER	TOPIC
03:50 - 04:20	Dr. Omar Alkhatib (UAE)	Young Psychiatrists' Self Steam and Patient's Aggressive Behaviour
04:20 - 04:50	Dr. Fares Salamah (UAE)	Improving Emotional Regulation
04:50 - 05:00		Discussion

Session 9**Research Session: Psychoactive Substance**
Chairperson: Ms. Maitha Alkendi (UAE)

	SPEAKER	TOPIC
05:00 - 05:30	Dr. Hawraa Sajwani (UAE)	Novel Psychoactive Substance: A growing Threat
05:30 - 05:40		Discussion

Session 10**Special Training Workshop: Cognitive Behavioral Therapy**
Chairperson: Dr. Bassam Dheyaa (UAE)

	SPEAKER	TOPIC
05:40 - 06:50	Dr. Shazya Rashed (UAE)	What is Cognitive Behavioral Therapy?

Session 11		Special Meeting (By Invitation)
06:50 – 07:30	Emirates Society of Mental Health (ESMH) - Executive Board Meeting	
07:00	End of Day 2	

Sunday 01 October 2023		
Session 12		
Arabic Session: Cognitive Behavioral Therapy for Psychological Stress العلاج السلوكي المعرفي للضغط النفسي		
Chairperson: Dr. Aeysha AlFelasi (UAE)		
	SPEAKER	TOPIC
09:00 – 09:20	Mr. Mohamed ElAmine	Cognitive Behavioral Therapy for Psychological Stress
09:20 – 09:30	Discussion	

Session 13		
Special Symposium: Bipolar Disorder and Behaviour Issue		
Chairperson: Dr. Meshal Sultan (UAE)		
	SPEAKER	TOPIC
09:30 - 10:00	Dr. Mohamed Abuzied (Kuwait)	Management of Aggressive Behaviour in Acute Mania
10:00 - 10:30	Dr. Maha AlAli (UAE)	How Does Emotional Affect Behaviour?
10:30 - 10:40	Discussion	

Session 14		
Satellite Symposium Hosted by Hikma		
	SPEAKER	TOPIC
10:40 - 11:10	Dr. Bassam Dheyaa (UAE)	Cariprazine & Unmet Medical needs on Schizophrenia
11:10 - 11:20	Discussion	

Session 15 Debate Session: Depression – Cognition or Emotion! Chairperson: Dr. Walid Nasr (UAE)		
	SPEAKER	TOPIC
11:20 - 11:50	Prof. Talaat Mater (UAE)	The Effect of Cognition on Emotional Regulation
11:50 – 12:20	Dr. Tarek Molokhia (Egypt)	Depression is an Emotional Dysfunction
12:20 - 12:30	Discussion	

Session 16 Meet the Expert: Addiction and Cognition Chairperson: Dr. Raad AlKhayat (UAE)		
	SPEAKER	TOPIC
12:30 - 01:00	Dr. Omar AlGommer (UAE)	Addiction Denial and Cognitive Dysfunction
01:00 - 01:10	Discussion	

Prayer & Break – Poster Presentation

01:10 – 2:00

Session 17 Learning Session: Understanding Eating Disorder Chairperson: Dr. Leena Amiri (UAE)		
	SPEAKER	TOPIC
02:00 - 02:30	Dr. Randa Akram (UAE)	Emotional Regulation Model in Binge Eating Disorder
02:30 - 03:00	Dr. Baraa Dhuhair (UAE)	Behaviour Intervention in the Treatment of Eating Disorder
03:00 - 03:10	Discussion	

Session 18 Special Symposium: Addressing Decline Matter in Elderly Chairperson: Dr. Sahar Marashi (UAE)		
	SPEAKER	TOPIC
03:10 - 03:40	Dr. Ahmed Ali (UAE)	Factor Related to Suicide Among Old Age Adults
03:40 - 04:10	Dr. Sana Kazim (UAE)	To Treat or Not To Treat Cognitive Impairment
04:10 - 04:20	Discussion	

Session 19 Hot Topic: Personality Disorder Chairperson: Dr. Hind AlRustamani (UAE)		
	SPEAKER	TOPIC
04:20 - 04:50	Prof. Hamdy Moselhy (UAE)	Emotionally Unstable Personality Disorder
04:50 - 05:20	Dr. Abdelazeem Ali (UAE)	Evidence Based Pharmacologic Treatment of Borderline Personality Disorder
05:20 - 05:40	Discussion	

Session 20 Special Training Workshop: The Root Problem of Obsessive - Compulsive Disorder Chairperson: Dr. Eman Amari (UAE)		
	SPEAKER	TOPIC
05:40 - 06:50	Dr. Hind AlAli (UAE)	Can Obsessive Compulsive Disorder Causes Behaviour Problems?
	Dr. Madonna Yanni (UAE)	Are People with Obsessive Compulsive Disorder Emotionally Sensitive?

Session 21 Special Meeting (By Invitation)	
07:30 - 08:00	Emirates Society of Mental Health (ESMH) - Executive Board Meeting
07:00	End of Day 3
07:00 - 07:30	Closing Remarks

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Main Theme/ Topic Highlights

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Main Theme/Topic Highlights

Theme “Cognitive, Behaviour & Emotional”

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FEATURED TOPICS

- Schizophrenia
- Bipolar Disorder
- Major Depressive Disorder
- Eating Disorder
- Personality Disorder
- Obsessive Compulsive Disorder
- Addiction
- Old Age
- Child and Adolescent
- Cognitive Behavioural Therapy

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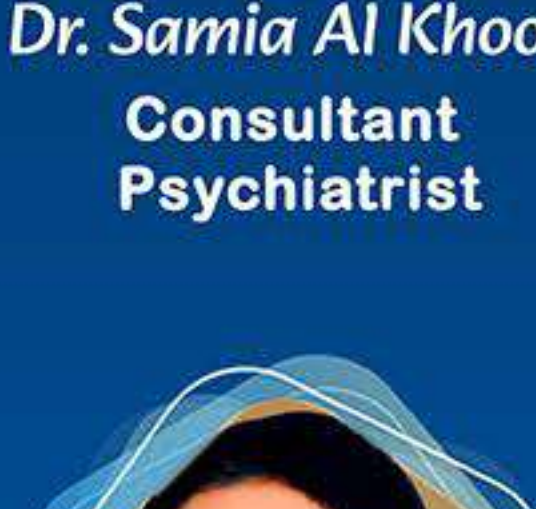
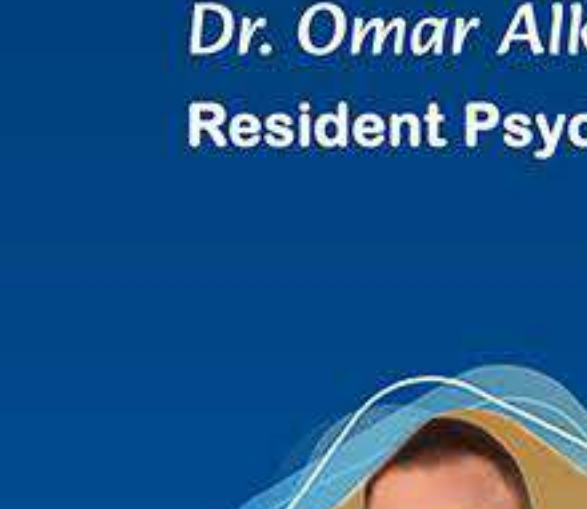
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 <p>Dr. Iman Hassan Specialist Psychiatrist</p>	 <p>Dr. Bassam Dheyaa Consultant Psychiatrist</p>	 <p>Ms. Hessa AlMutawa Psychologist</p>

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Dr. Mosen Al Shamy
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Specialist
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 <p>Dr. Fares Salamah Specialist Psychiatrist</p>	 <p>Prof. Talaat Matar Professor of Psychiatry, Faculty of medicine, RAMHISU, Ras Al Khaimah, UAE</p>	 <p>Dr. Zarak Al Sallhy Specialist Psychiatrist</p>	 <p>Dr. Hamed AlSenawi Senior consultant old age Psychiatrist; Chairman, Oman's Alzheimer's Society</p>	 <p>Dr. Sana Kazim Consultant Psychiatrist in Geriatric Psychiatry and Psychosocial Oncology</p>	 <p>Dr. Charlotte Kamal Professor of Psychiatry & Head of Department of Psychiatry, Arabian Gulf University</p>
 <p>Dr. Mohamed Youssef Aly Abozaid Specialist Psychiatrist</p>	 <p>Dr. Abdulmohsen Alhumoud consultant forensic and adult psychiatrist</p>	 <p>Dr. Ruchita Shah Specialist Psychiatrist</p>	 <p>Dr. Maha AlAli Specialist Psychiatrist</p>	 <p>Dr. Tarek Molokhia Specialist Psychiatrist</p>	 <p>Dr. Omar AlGommer Specialist Psychiatrist</p>
 <p>Dr. Randa Akram Specialist Psychiatrist</p>	 <p>Dr. Baraa Dhuhair Psychiatrist</p>	 <p>Dr. Abdelazeem Ali Specialist Psychiatrist</p>	 <p>Dr. Hind AlAli Specialist Psychiatrist</p>	 <p>Dr. Madonna Yanni Specialist Psychiatrist</p>	 <p>Dr. Samia Al Khoori Consultant Psychiatrist</p>

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WORKSHOP

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Dr. Hind Al Ali
Can Obsessive Compulsive Disorder Causes Behaviour Problems?

Dr. Madonna Yanni
Are People with Obsessive Compulsive Disorder Emotionally Sensitive?

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SPEAKERS

Dr. Shazya Rashid
What is Cognitive Behavioral Therapy?

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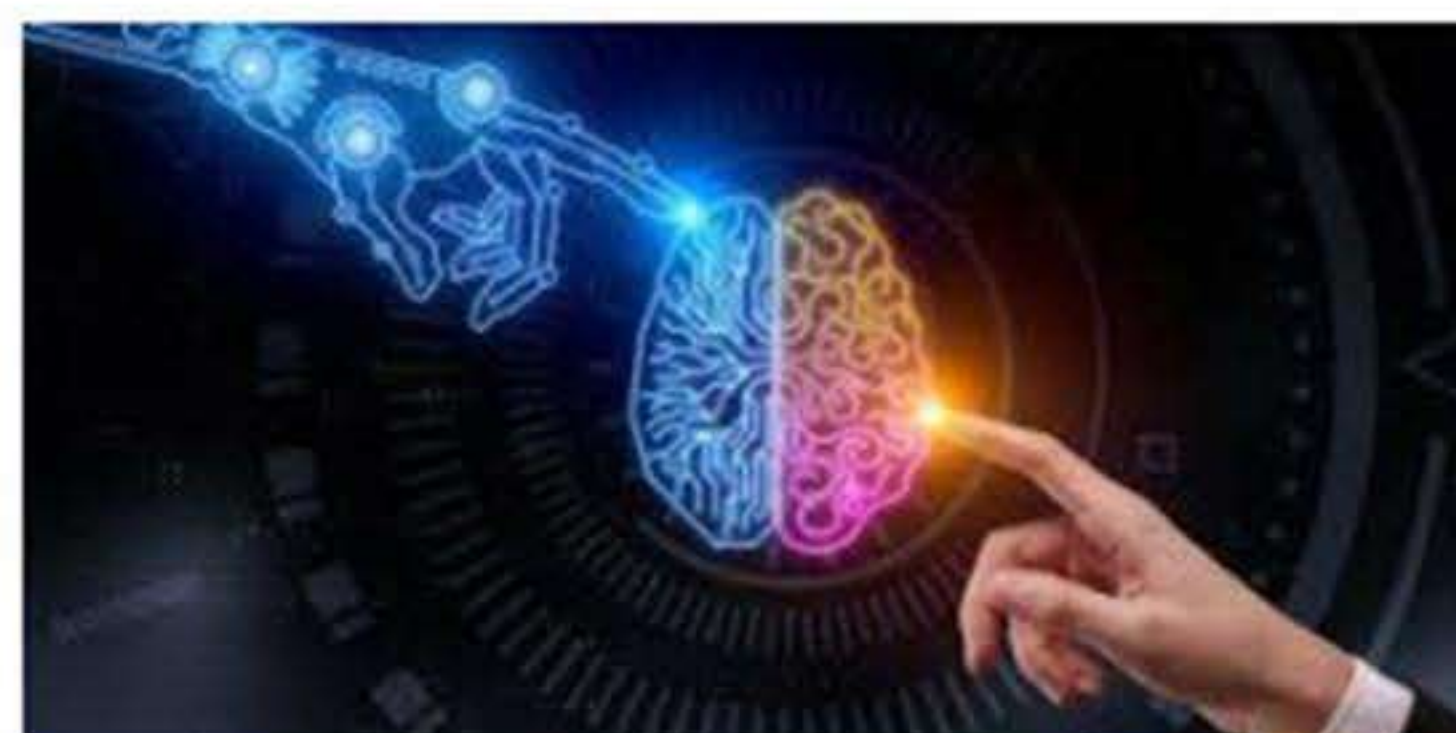
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- Social Workers
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- Counselors
- Nurses

- Occupational Therapists
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- Researchers
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Plenary Presentations
Industry Talks
Meet the Experts
e-Poster Presentations
Debate Sessions
Training Workshops
Special Symposia
Learning Sessions
Hot Topic Sessions
Arabic Sessions
Young Psychiatrist Sessions



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Clinical Psychologists
Social Workers
Psychotherapists
Counselors
Nurses
Occupational Therapists
Educators
Researchers
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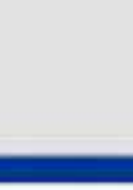


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PRESIDENT, EMIRATES SOCIETY OF MENTAL HEALTH, EMIRATES MEDICAL ASSOCIATION
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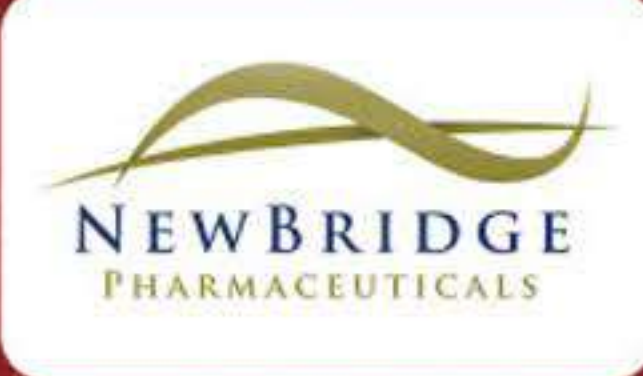
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SPEAKERS



Dr. Shazya Rashid

What is Cognitive Behavioral Therapy?

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Dr. Hind Al Ali

**Can Obsessive
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Causes Behaviour
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SPEAKERS



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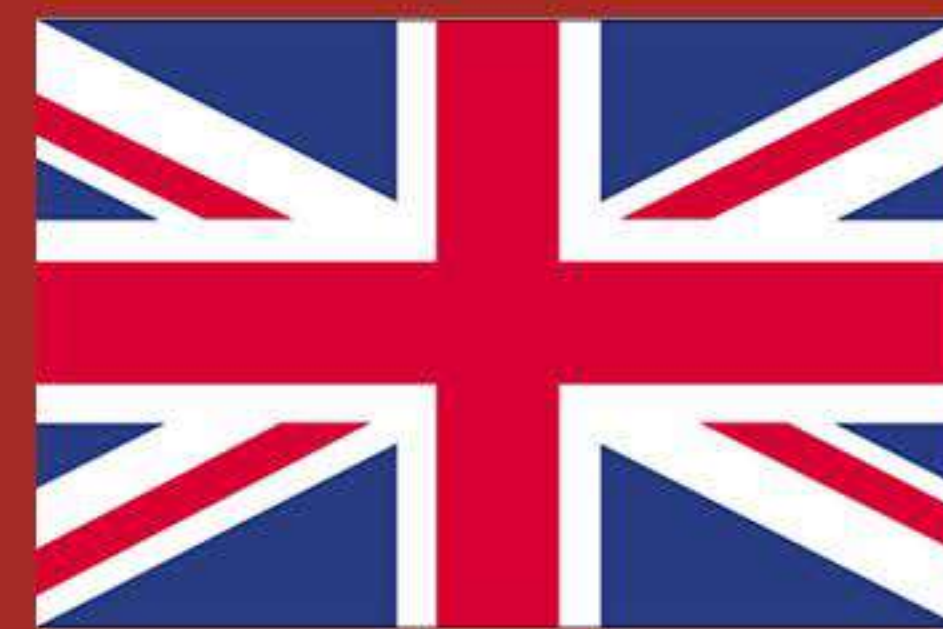
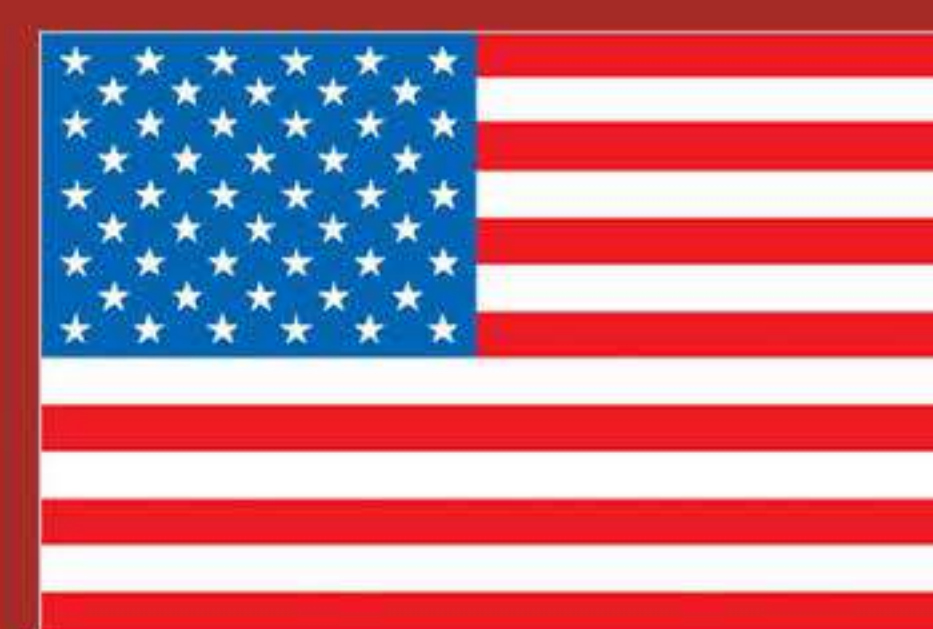


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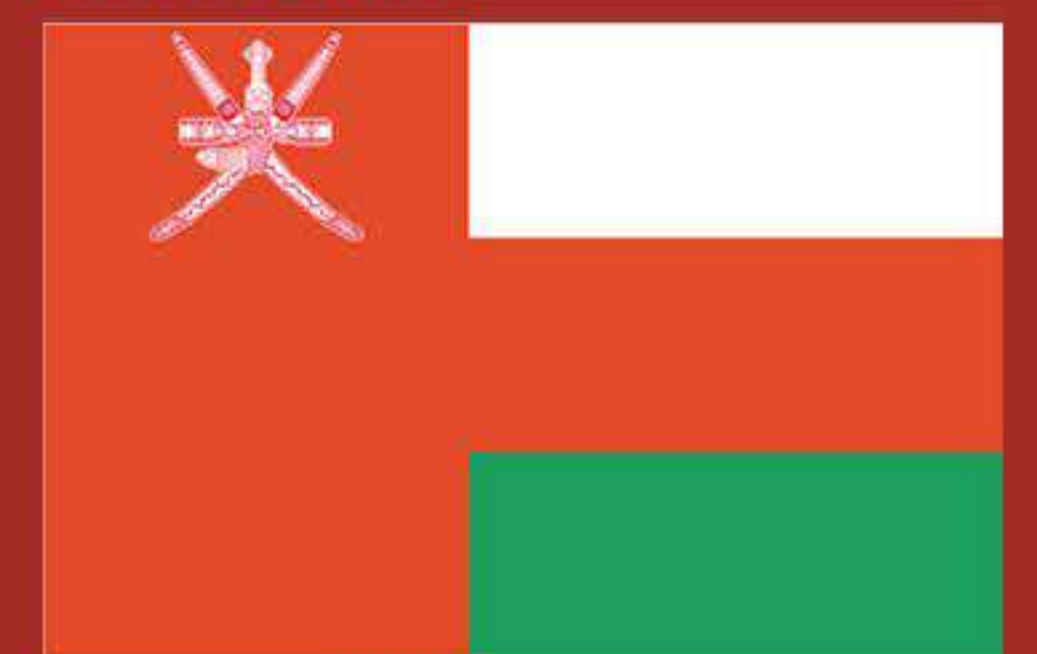
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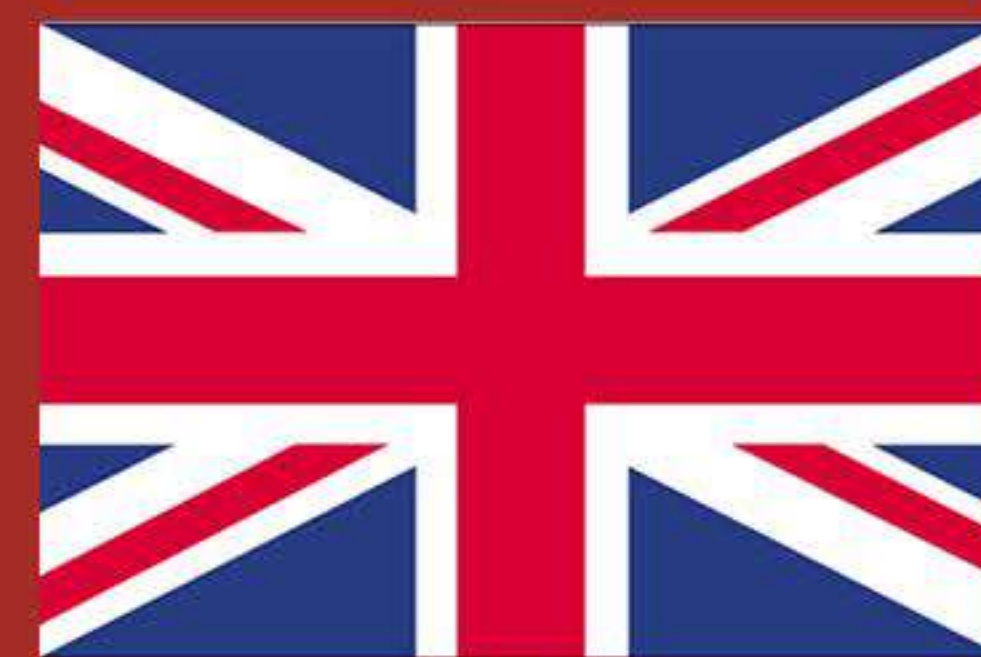
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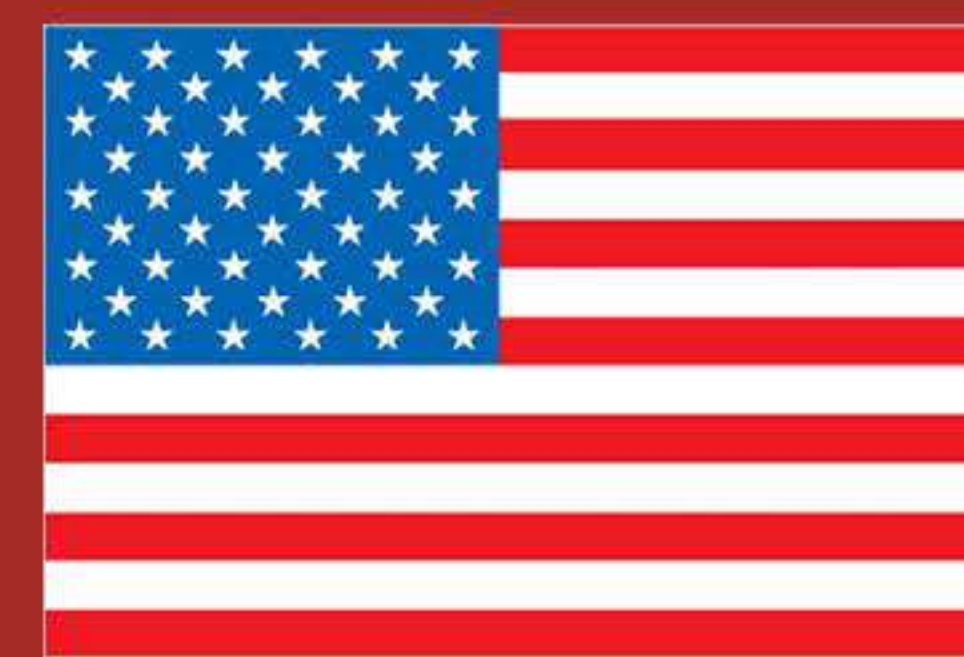
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